

## RESEARCH REVEALS THAT

- AIDS is the leading cause of death among young people (aged 10-24) leading cause globally (Mark et al, 2017)
- Young women are twice as likely to acquire HIV as young men
- Unprotected sex is the most common route of HIV infection among young people (Pettifor et al, 2018)
- A 'life-cycle' approach to HIV prevention can help respond to the changing challenges people face at different ages



HIV & AIDS is not curable but it can be prevented and managed

**Abstinence is the only sure way of zero HIV & AIDS infection in adolescents.**  
**(Wong et al, 2017)**

## **why are adolescents vulnerable to HIV & AIDS**

- Early sexual debut
- Not using condoms
- Older partners
- Young sex workers
- Young transgender people
- Young people who inject drugs

## Barriers to HIV Prevention

- Low HIV and sexual health knowledge
- Lack of access to HIV services

## Treatment for adolescents living with HIV

- Antiretroviral treatment
- Self Awareness & Self acceptance
- Adhering to antiretroviral treatment
- No STIGMA

